



Celebrating March

Irish Heritage Month

Nutrition Month

Women’s History Month

Pig Day

March 1

Celebrate Your Name Week

March 6-12

Mardi Gras (Fat Tuesday)

March 8

**International Fanny Pack
Day**

March 12

March Madness Begins

March 15

St. Patrick’s Day

March 17

First Day of Spring

March 20

Mule Day

March 31

Happy St. Patrick’s Day

Thank you all for the nice stories and pictures for Valentine’s Day. The music, food, valentines, and company were Wonderful.

Happy St. Patrick’s Day to all of you. Remember to wear green or someone ☺ may pinch you. Wow! Spring is here this month with flowers, and some sunny days we hope ☺.

I hope you all have a fabulous month and enjoy each others company. Please remember to smile and appreciate someone, because without appreciation it would be hard to smile!

Please take the time to Welcome Joyce to our home, and you will be seeing her wonderful husband Randy and daughter Cindy.

Sincerely,
Michele Nixon, Administrator

**“For each petal on the shamrock
This brings a wish your way -
Good health, good luck, and
happiness for today and every
day.”**

Diagnosing Alzheimer's disease

People who begin to feel that something may be wrong will often visit their primary care physician or family doctor for a consultation and/or diagnosis. If the family **doctor suspects dementia**, he or she may begin treatment or refer the person to a neurologist or geriatric psychiatrist who specializes in diagnosing and treating different types of dementia, including Alzheimer's disease.

Diagnosis of Alzheimer's disease is often made in the moderate stage. To diagnose Alzheimer's disease, doctors use a series of tests and tools to evaluate thinking, behavior and physical function because there is no single scale that can definitively diagnose Alzheimer's disease by itself.

- Clock Drawing Test
- Mini-Mental State Examination (MMSE)
- Functional Assessment Staging (FAST)
- Medical and family health history
- A routine physical exam, with blood and urine tests (to rule out potential other causes of memory loss)
- An exam that tests physical sensation, sense of balance, and other functions controlled by the central nervous system
- A brain scan, to rule out other causes of dementia, such as stroke
- A psychiatric evaluation, to assess mood and other emotional factors that may lead to a positive Alzheimer's disease diagnosis
- Interviews with family members and friends that provide insight into behavioral changes
- The information learned from these tests helps determine whether a person has Alzheimer's disease, with an accuracy rate of about 90 percent. Doctors will determine that a person is highly likely to have Alzheimer's disease when these tests show that he or she has:
 - Dementia confirmed by medical and psychological exams
 - Problems in at least two areas of cognitive functioning (i.e. memory, language, attention)
 - Progressive loss of memory and other cognitive functions
 - Symptoms that began between the ages of 40 and 90
 - No other disorders that might account for the dementia (such as vascular dementia or Huntington's disease)

Happy March Birthdays!!!

To: Heather Feb. 16th.

We hope you have a great birthday and we hope it's as special as you!



We love you!

Valentines Day 2011



Bob and his family



Dorothy & Family



Caroline and her daughter

Light the Spark



In March 1951, firefighters all across the nation adopted a new mascot to help teach kids about fire safety and prevention. Sparky the Fire Dog, a friendly Dalmatian dressed in a firefighter's jacket and helmet, spread this important message on television and in storybooks.

Sparky became a legendary fire dog when he was just a puppy. One day, he was sitting near a fence outside a local school. He loved to watch the children play, and one day he decided to follow some children home. Tired from the long walk, after all he was just a puppy, he rested beneath a tree, but it did not take long before he smelled smoke and woke up to find the children's house on fire. This smart puppy ran to the local fire station and barked and whined until the firefighters followed him back to the burning house. The firemen extinguished the fire and saved the family, and afterwards they found the Dalmatian puppy wet and shivering under a tree. Realizing that this was no ordinary dog, the firefighters adopted him and named him Sparky. From that day on Sparky lived at the fire station and was considered a hero.

Dalmatians have a long history of working alongside firefighters. These dogs were initially used to protect horses that pulled old-fashioned stage coaches. Dalmatians ran alongside the horses while they pulled, and the dogs even slept with horses in their stalls to prevent thievery. This horse and dog bond was so strong that firefighters used them during the days of horse-drawn pump trucks. Dalmatians, as guides to the fire, kept the horses calm and focused. Once at the fire, they acted as guard dogs. As the days of horse-drawn pump trucks faded away, the presence of a Dalmatian in the firehouse persisted. Some say that the Dalmatian's trademark black spots are really smears of soot left after a raging fire.

“Memory is a way of holding on to the things you love, the things you are, the things you never want to lose.”

We do not remember days; we remember moments.

It's surprising how much memory is built around things unnoticed at the time.

Yesterday's just a memory, tomorrow is never what it's supposed to be. A strange thing is memory, and hope; one looks backward, and the other forward; one is of today, the other of tomorrow. Memory is history recorded in our brain, memory is a painter, it paints pictures of the past and of the day.

Hawthorne's Wonderful Team

Am: Karla, Heather, Jessica

Pm: Melissa, Sisina, Angela

Nights: Sarah L., Jesus, Anita

On call: Carlos, Kirshanna, Glorine, and Shiri

Most Kudos

Congratulations to *Jessica* for going way and beyond in February! Thank you Jessica. All the little acts of kindness are NEVER unnoticed. You truly care, we love you!
Families please fill out Kudos when you feel that it is deserved, thank you!

Blessings to Small family

Paul Small went to heaven in February. He is already missed by all of us. Thank you staff for all the love and care you gave Paul. Prayers and hugs go out to Ellen, her family.

Hawthorne House of Salem
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Salem, Oregon 97301

Postage
Information

Friends & Family of
Hawthorne House

Delivering Quality of Care, Enhancing Quality of Life
Hawthorne House of Salem

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Administrator: Michele Nixon

Harmony House of Salem

3062 Hyacinth St.
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Heritage House of Woodburn

943 N. Cascade Dr.
Woodburn, OR 97071
Administrator: Shannon Souza

Arbor House of Grants Pass

820 Gold Court
Grants Pass, OR 97527
Administrator: Nancy Decker

Autumn House of Grants Pass

2268 Williams Hwy.
Grants Pass, OR 97527
Administrator: Becky Scriber

Applegate House of Grants Pass

1635 Kellenbeck Ave.
Grants Pass OR 97527
Administrator: Sue Powell

March Birthdays

If you were born from February 19-March 20, you are a Pisces, the Fish. If you were born from March 21-April 19, you are an Aries, the Ram. Pisces are mysterious and alluring. They are very creative and imaginative people, leading them to pursue the arts and reject a nine-to-five life. Aries are adventurous pioneers, who are the first to take risks. Aries are not afraid to draw attention to themselves, and they often have big dreams for their future.

Harry Caray (sportscaster)	Mar. 1, 1914
Lawrence Welk (bandleader)	Mar. 11, 1903
Liza Minnelli (diva)	Mar. 12, 1946
Albert Einstein (genius)	Mar. 14, 1879
Heather Ervin	Mar. 16th . guess
William Shatner (Captain Kirk)	Mar. 22, 1931
Pearl Bailey (big band singer)	Mar. 29, 1918