

“Pacific Living Centers”

February  
2012

## Hawthorne House of Salem

2012 “News and Views”

“ A Loving Home for the Memory Impaired”

3042 Hyacinth St. Salem, Ore. 97301 503-763-2722

Debbi Schuetze RN



### **Celebrating February**

**International Expect Success  
Month**

**Bird Feeding Month**

**Black History Month**

**International Snow Sculpting  
Week**

*February 1-5*

**Ballet Day**

*February 7*

**Paul Bunyan Day**

*February 12*

**Westminster Dog Show**

*February 13-14*

**Valentine's Day**

*February 14*

*3pm come join us!*

**International Sword  
Swallower's Day**

*February 25*

**Leap Year Day**

*February 29*

### **Happy Valentine's Day**

Hawthorne House would like to invite you to join us on Feb. 14<sup>th</sup>, Tuesday, at 3:00 pm. We will be enjoying some pie and opening of our Valentine's. Would you like to share photos of you and your sweetheart? Bring them on Tuesday. We would love to hear how you and your loved one met if you would like to share.

We will be making Valentine envelopes for each loved one and the staff. Feel free to drop by some Valentines to put in the envelopes for that special day.

We hope to see you on  
Valentine's Day!

Sincerely,  
Michele Nixon & Staff

## ***Signs and Symptoms of Dementia***

Dementia is a collection of symptoms including memory loss, personality change, and impaired intellectual functions resulting from disease or trauma to the brain. These changes are not part of normal aging and are severe enough to impact daily living, independence, and relationships.

With dementia, there will likely be noticeable decline in communication, learning, remembering, and problem solving. These changes may occur quickly or very slowly over time.

The progression and outcome of dementia vary, but are largely determined by the type of dementia and which area of the brain is affected. Diagnosis is possible through advanced brain imaging, clinical examinations, and diagnostic testing.

### **Common signs and symptoms of dementia include:**

- Memory loss
- Impaired judgment
- Difficulties with abstract thinking
- Faulty reasoning
- Inappropriate behavior
- Loss of communication skills
- Disorientation to time and place
- Gait, motor, and balance problems
- Neglect of personal care and safety
- Hallucinations, paranoia, agitation

### **You might observe that a person with dementia:**

- repeatedly asks the same questions
- becomes lost or disoriented in familiar places
- is unable to follow directions
- is disoriented as to the date or time of day
- does not recognize and is confused about familiar people
- has difficulty with routine tasks such as paying the bills
- neglects personal safety, hygiene, and nutrition

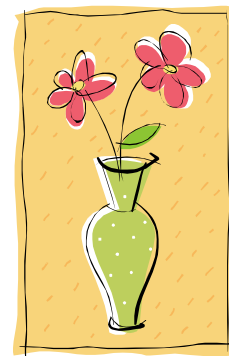
### ***Normal memory loss vs. dementia***

The inevitable changes of aging can be both humbling and surprising. Skin wrinkles, hair fades, bodies chill, and muscle mass wanes. In addition, the brain shrinks, working memory goes on strike, and mental speed slows. But while many people do experience mild and gradual memory loss after age 40, severe and rapid memory loss is definitely not a part of normal aging. In fact, many people preserve their brainpower as they get older by staying mentally and physically active and making other healthy lifestyle choices.

Thank you to the following families for supporting our quarterly Family Support meeting:

Bielemeier family, Ponsford family, Esquerra family, and Walthers family.

I really appreciate all of the daily support you give to our homes, and staff, every day.



‘If someone listens, or stretches out a hand, or whispers a kind word of encouragement, or attempts to understand, extraordinary things begin to happen.

By: Loretta Girzartis

2012 ☺

**Hawthorne's Wonderful Team**

*Am: Karla, Heather, Jessica*

*Pm: Melissa, Kearston, Kirshanna*

*Nights: Olimpia, Angela, Cesar*

**On call:** *Carlos, Sisina, Anita, Becky, Hannah, & Sandra*

*Please welcome Cesar & Sandra to our team!*

**Kudos for January:**

*Most Kudos to Kearston. Thank you Kearston for always going way above, and beyond, and helping us out when we are in need. What a team player!*

**Employee of Quarter-**

*For the last quarter of 2011 goes to Melissa. Congratulations and thank you Melissa for all you do. You are so appreciated, and your coworkers and loved ones here, soooo appreciate all you do. Thank you!*

**Happy February Birthday!  
Bob Dixon Feb. 15<sup>th</sup>.**

**Happy Birthday Bob.  
We hope your birthday is as  
Special as YOU are!**



**"Life Story Books"**

**Thank you families for helping us get the life story books. As you know they are a great activity and a great way for staff and others to be a Best Friend to your loved one. Please feel free to look and share the life story books. Friendship begins with a smile!**

Hawthorne House of Salem  
3042 Hyacinth St. NE  
Salem, Ore. 97301

Postage  
Information

Hawthorne Friends and Families

**PACIFIC LIVING CENTERS HAS SIX LOVING HOMES  
FOR THE MEMORY IMPAIRED**

*Delivering Quality of Care, Enhancing Quality of Life*

**Hawthorne House of Salem**

3042 Hyacinth St. NE  
Salem, OR 97301

Administrator: Michele Nixon

**Harmony House of Salem**

3062 Hyacinth St. NE  
Salem, OR 97301

Administrator: Michele Nixon

**Heritage House of Woodburn**

943 N. Cascade Dr.  
Woodburn, OR 97071

Administrator: Shannon Souza

**Arbor House of Grants Pass**

820 Gold Court  
Grants Pass, OR 97527

Administrator: Shelly Boatman

**Autumn House of Grants Pass**

2268 Williams Hwy.  
Grants Pass, OR 97527

Administrator: Dale Reynolds

**Applegate House of Grants Pass**

1635 Kellenbeck Ave.  
Grants Pass OR 97527

Administrator: Nancy Decker

## February Birthdays

If you were born between February 1 and 18, you are an Aquarius. Water Bearers have attractive personalities, and are very imaginative and intuitive. Aquarians have a strong desire to help humanity, create unity, and thirst for knowledge and truth. People born between February 19 and 29 are Pisces. These Fish have boundless imaginations and often become gifted artists. Their great capacity for love and depth of feeling make them sensitive and caring souls.

Norman Rockwell (artist) – Feb. 3, 1894

Babe Ruth (baseball player) – Feb. 6, 1895

Bill Russell (basketball player) – Feb. 12, 1934

Toni Morrison (writer) – Feb. 18, 1931

Sidney Poitier (actor) – Feb. 20, 1927

Nina Simone (singer) – Feb. 21, 1933

Steve Jobs (innovator) – Feb. 24, 1955

Johnny Cash (musician) – Feb. 26, 1932

Tony Robbins (speaker) – Feb. 29, 1960

